



WHAT MUST BE DESTROYED?

Posted on October 3, 2013

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Danielle LaPorte's [recent post](#) got me thinking about this rather ominous question, which I always hear in the voice Darth Vader. The idea of deliberately destroying anything is at times impossible for this, mostly vegan, founder of the Spider Relocation Program. Yet with increasing ease, I squash ideas, exterminate distractions, silence naysayers, and murder obsolete relationships. I'm learning to strangle weeds in favor of Thai basil, slice beautifully wrought sentences to tidy my blog, and even eulogize beloved clients who are growing without me.

In all creation, there's always something that must be destroyed.

Have we learned nothing from our four seasons?

Homework: How do you feel about what must be destroyed?

Comments



Dodie Jacobi - 2013-10-23 16:04:10

Love it Duane! Thanks for sharing the quote and visiting my blog!



Duane Hallock - 2013-10-23 08:28:39

As Pablo Picasso once said, "Every act of creation is first an act of destruction." I love the concept. Before voids can be filled, voids must be created.



Dodie Jacobi - 2013-10-07 14:38:47

Love it Judy! Banishment to all drainers!!



Judith Gallagher - 2013-10-03 09:07:00

About 25 years ago, at age 40, I finally learned to dismiss the people who were making me doubt myself. Since then, I have consistently moved away from the people who drained my confidence and enthusiasm. They aren't allowed to influence me ever again.



Marna - 2013-10-03 07:48:29

Well said. The same applies to life in general, it would seem.