



## GUSTO

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☒ When you are truly inspired by an endeavor, you don't need accountability partners, reminders, or checklists — gusto is the only tool you need. As part of my [KC Makers](#) experience, I've gotten the opportunity to hear the [stories of so many amazing women](#) who made a difference, with or without to-do lists.

Sgt. Ramona Arroyo (middle photo) was the first woman sergeant of the [KCMO Police Department](#), and is of Hispanic heritage. Her understanding of the connection between communication and community has made our world safer. She continues, after retirement, to do her job for free.

Suzanne Gladney (on the right), an attorney who founded [Legal Aid of Western Missouri](#), advocates for the hidden migrant worker population in our community. She appreciates human connectivity so deeply that she assures our transient neighbors feel at home for awhile.

[KCPT's](#) Emmy-award-winning producer, Pamela James, experiences her stories so deeply that nothing less than a documentary film's words, images, and sounds could accurately express her feelings.

These women's missions pour from their spirit with so much gusto that we are all inspired to take bigger bites of our own work. While all certainly have peers, colleagues, and loved ones who cheer them on, I doubt any of them needs an accountability partner to do her voodoo so well.

**Homework:** If you find yourself dragging through the tasks you've assigned yourself, find a bigger reason for their accomplishment. Sure, some of the work of a gustovian needs to be broken into smaller bites, but even the most tedious will be easier to accomplish if you remember why you're slogging through.

*"If you want to build a ship, don't drum up people to collect wood and don't assign them tasks and work, but rather teach them to long for the endless immensity of the sea."  
— Antoine de Saint-Exupéry*

There are no comments yet.